



CLEAR LIQUID DIET INSTRUCTIONS

Water

Clear broth (beef, chicken or vegetable)

Bouillon (beef, chicken or vegetable)

Soda (cola or clear, diet or regular)

Gatorade (**NO PURPLE, RED or ORANGE**)

Clear Fruit juice (apple, white grape, white cranberry)

Popsicles (**NO PURPLE, RED or ORANGE**)

Jell-o (**NO PURPLE, RED or ORANGE**)

Italian ice (**NO PURPLE, RED or ORANGE**)

Coffee or tea (**NO MILK, CREAM or DAIRY SUBSTITUTES**)

NO SOLID FOODS

NO PURPLE, RED or ORANGE COLORS

NO MILK, CREAM OR DAIRY SUBSTITUTES

Revised 5/24/12

Premier Medical Group of the Hudson Valley, P.C.

Poughkeepsie | Fishkill | Kingston | Rhinebeck | Newburgh | New Windsor

Urology Division Tel: 845.437.5000 | G.I. Division Tel: 845.471.9410 | New Windsor G.I. Division Tel: 845.562.0740

Web: www.premiermedicalhv.com